



RAMAH RETREATS MENU

BREAKFASTS

Juice, milk, Coffee, Tea
Fruit, Cold Cereals
Bagels Cream Cheese
Scrambled Eggs
French Toast, Pancakes, Waffles
Rolls, Croissants, Muffins
Butter, Jams
Hard Boiled Eggs
Coffee Cake, Chocolate Babka

LUNCHES

Fresh Salad Bar and Soup
Grilled Cheese
Pizza, Pizza Rolls
Macaroni and Cheese
Pita Bread, Rolls
Falafel, Israeli Salads
Quesadillas
Blintzes

DAIRY DINNERS

Fresh Salad Bar
Tortellini with Garlic & Oil
Penne al Pesto, Stuffed shells, Baked Ziti
Eggplant Parmesan
Vegetable Quiches



SHABBAT MENU

For seudah shlishit see dairy dinners

FRIDAY NIGHT DINNER

Bottled Wine available

Challah

Gefilte Fish

Wild Greens Salad

Chicken Noodle Soup

Roasted Chicken

Roasted Potatos

String Bean Almondine

Vegetarian: Soup, Quinoa Stew.

Dessert: Camp Brownies

SATURDAY LUNCH

Cold Chicken

Deli Platters

(Turkey, Pastrami, Roast

Beef, Corned Beef)

Cholent, Vegetarian Cholent

Breads and Rolls

Salads, Fresh Fruit

Pickels & Potato Chips

Condiments

KIDDUSH/ONEG

Grape Juice, Apple Juice, Lemonade

Gefilte Fish, Herring, Tuna Salad, Egg Salad

Cakes, Cookies, and Rugalach



MENU UPGRADE

BRUNCH

Home fries
Bagels, Crossiant, Muffins,
Lox , Cream Cheese
Waffles, French Toast, Pancakes, Syrups
Omelets Station
Blintzes, Quiche
Fondue Station, Cheese Spreads
Tortellini Salad
Cereal, Oatmeal
Fruit Salad, Tossed Salad
Juice, Milk, Flavored Yogurts

BBQ

Hot & Cold Appetizers
Vegetable Crudités
Soda, Beer, Sangria
BBQ RIBS
Hamburgers, Hot dogs
Beef Bourignone
Fire Alarm White Chili, Taco shells, Guacamole
Veggie Burgers, Seasonal Vegetables
Grilled Chicken Oriental Glaze
Vegetarian Lentils, Rice Pilaf
Corn Cob, Sweet potatos
Wild Greens Salad
Coleslaw
Tossed Salad
Slovakian Potato salad



Desserts and Snacks

Cookies, Donuts, Ice Cream
Pretzels, Chips, Hand fruit
Bagels, Tuna Salad, Egg Salad
Pita and Israeli salads, PBJ
Chicken Wings, Chicken Nuggets
S'mores for Camp Fire
Water, Soda, Iced Tea

Coffee and Tea are available 24/7 in the Dining Room